



KOREAN INTERNATIONAL SCHOOL

To: All Parents/Guardians of KIS Students

From: School Nurse

Date: January 23, 2019

Subject: Update for Influenza & FLU A

Dear Parents/Guardians:

At present we have had 10 confirmed cases of Influenza A in the international section, as well as, several Influenza cases since last Friday. For your information, there is now one confirmed case of Influenza A in our Secondary Section.

We are implementing precautionary measures and need your support to prevent the spreading of flu:

1. Please check your child's temperature and record and sign the Temperature Chart before sending him/her to school.
2. Your child should put on a mask before leaving for school when cough or runny nose or sore throat appears.
3. Keep your child home when fever, or sore throat and respiratory symptoms appear.

Thank you.

Nora Young
School Nurse
Korean International School



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To prevent possible outbreak in the school, **children with fever and respiratory symptoms are strongly advised not to attend school and should seek for medical advice.**

You are requested to check your child's body temperature every day before sending them to school.

You and your children are also urged to adopt the following measures:

- Maintain good personal and environmental hygiene.
- Ensure good indoor ventilation.
- Keep hands clean and wash hands with liquid soap properly especially when they are dirtied by respiratory secretions e.g. after sneezing, coughing or cleaning the nose.
- Cover nose and mouth while sneezing or coughing and dispose of nasal and mouth discharge properly.
Do not share personal items e.g. handkerchiefs, eating/drinking utensils with others
- Have a balanced diet, regular exercise, adequate rest, avoid too much stress and passive smoking to build up good body immunity.
- Avoid crowded public places where the ventilation is not good, high risk individual may consider wearing surgical mask when staying in such place.
- Wear a surgical mask and consult doctor for medical advice promptly upon development of influenza-like symptoms such as fever, sore throat and cough.

For the latest information on influenza activity, please refer to:

Centre for Health Protection www.chp.gov.hk and Education Bureau www.edb.gov.hk

Thank you.

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