GLOBAL OUTREACH

Trip options: UPPER SECONDARY

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Introduction

Secondary Global Outreach

We have renamed our trip week to Global Outreach Week. We think this better describes our approach and aims for the week. Global Outreach is an important and compulsory part of our curriculum and each trip has been considered in depth as to how the experience will enrich and broaden the minds of our students. We strive to improve not only your child’s academic skills, but to also instil whole person development. We have included a variety of outdoor team building activities encompassing environmental conservation and community service and learning to help students gain independence, self-confidence and a wider perspective regarding the world around them. We work hard to develop programs that offer strong experiential learning opportunities as well as offering value for money for Parents.

For all of our external overseas trips in the Secondary School we partner with educational travel and tour companies that have a proven track record in delivering: challenging, fun, effective and most importantly safe outdoor programs for our students. Each of these trips has a clear purpose, often linked with Community Service with students developing a greater understanding of the issues and challenges faced within our region. You can learn more about these providers and itineraries in the descriptions below. We are improving our trip selection process by offering a wider variety of trips to choose from.

Please read about each trip below, and then make your top three choices using the google form. The google form will be emailed to all parents and students. It needs to be completed using a school given email account (s.*******@is.kis.edu.hk) on or before Thursday March 21st as we will need time to finalise trips for each year group.

To reserve your place on a trip for November 2019, a deposit of $3000 needs to be paid by April 2nd 2019. We will try our best to put your child on their first choice. This will allow us to begin the booking processes to secure cheaper flights and accommodation. The balance will be due in September, giving parents several months to make the final payment. If your son/daughter is not in KIS next year, you will get a full refund.

Regards

Courteney Spence
La Union, Philippines 2019

SERVICE and SURF Expedition, La Union, Philippines
Monday 25th November – Friday 29th November

Itinerary

| Monday       | Arrive Manila from HK       | Arrive La Union
|              | Check in, orientation and beach clean up | Ocean skills
| Tuesday      | Turtle conservation service Project with CURMA | Surfing progression. Knee to waist high water
| Wednesday    | Organic crop planting workshop | Composting working at Lotus Valley Farm
| Thursday     | Waterfall, river and rice trek | Surf progress, ‘Boodle fight’
|             |                               | Culture evening
| Friday       | Depart La Union to Manila | Depart for Hong Kong

CURMA: Turtle Conservation project
CURMA or Coastal Underwater Resource Management Actions is a marine turtle conservation program that protects an endangered keystone species from poachers and other predators. Volunteers patrol the coastline and secure turtle nests from dangers together with other activities to help preserve marine life and the environment as a whole.

- Learn about the importance of turtles and their conservation
- Learn how to find a turtle, extract the eggs safely and move to hatchery
- Practical simulation of digging up a nest, extracting eggs and transfer to hatchery
- Various presentations on turtles and conservation efforts
- Release hatchings if available (we only release if eggs are hatching, no turtles are kept in captivity)
- Learn about coastal development and environmental issues in La Union
SIFCare: GoPalakas - Feeding and nurturing program

Go Palakas is a feeding and nurturing program for malnourished children. "Go Palakas" roughly translates to "Go strong." Children are educated on the benefits of eating proper nutritious food. SIFCARE also focuses on how this lifestyle awareness can help children not only physically, but also mentally, emotionally and even spiritually. This feeding program is an excellent community building activity filled with delicious home cooked meals, fun games, and high-spirited songs. "We feed not just the belly but also the heart and mind of children~ SIFCARE

- Learn about local organic food production and proper nutrition
- Visit a local elementary school and assist Sifcare in the preparation of locally grown organic food for the students
- Engage with the local students in various teambuilding games
- Enjoy community interaction and feast with local kids

Lotus Valley Organic Farm project: Crop planting and composting

A short jeepney ride from the hotel is Sifcare's very own organic farm, producing crops for the local community and educating the local farmers on how to organically produce successful crops. Crop planting covers the principles of soil care, growing seedlings and transplantation. It also includes microgreens and sprouting. Composting includes preparation of different formulas for plant growth and hastened decomposition. It also includes different ways of setting up compost areas and ingredients for speedy breakdown of materials as well as the benefits of making your own compost and the step by step process

- Discussion and presentation of how both activities relate to the environment especially focusing on attitudes, values and knowledge in growing food.
- Students will be getting their hands dirty, getting into the soil and working with the local farmers.
- Enjoying a lunch prepared from produce grown on the farm

5D4N Philippines Service and Surf Expedition:

Cost per student approximately $7,300

Includes:
Accommodation: Surfmaid beach resort and Lotus Valley farm
Activities: Service Learning (Community and Environmental), Surfing, Outdoor Ed and Cultural immersion activities
All meals (Kosher)
All transport including airport transfers to/from Manila and flights from Hong Kong
## Program Highlights

<table>
<thead>
<tr>
<th>Day 1</th>
<th>G’day Australia</th>
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<tr>
<td>●</td>
<td>Arrive into Brisbane International Airport</td>
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<td>●</td>
<td>Group games and orientation</td>
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<tr>
<td>●</td>
<td>Explore Brisbane</td>
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<tr>
<td>○</td>
<td>Bike Tour, Botanical Gardens, Ferry Ride, Museum and Art Gallery</td>
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<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<thead>
<tr>
<th>Day 2</th>
<th>Australia Zoo</th>
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<tr>
<td>●</td>
<td>Australia Zoo induction session with the Education and Volunteer Coordinators</td>
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<tr>
<td>●</td>
<td>Lunch watching The Famous Croc show at the Crocoseum</td>
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<tr>
<td>●</td>
<td>Shadow Zookeepers participating in Keepers tasks (hands-on enrichment activities)</td>
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<tr>
<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<tr>
<th>Day 3</th>
<th>Australia Zoo</th>
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<tr>
<td>●</td>
<td>Continue Keeper tasks at the Australia Zoo (kangaroos, koalas, native birds, and more)</td>
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<tr>
<td>●</td>
<td>Steve Irwin Wildlife Reserve Research</td>
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<tr>
<td>○</td>
<td>Attend presentations on environmental, ecological, and husbandry</td>
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<tr>
<td>●</td>
<td>Sunset hike or local waterfall exploration</td>
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<tr>
<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<tr>
<th>Day 4</th>
<th>Markets Beaches</th>
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<tr>
<td>●</td>
<td>Visit Australia’s largest outdoor market, Eumundi Market</td>
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<tr>
<td>●</td>
<td>Relax at Australia’s most famous stretches of sandy beaches, Noosa Heads</td>
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<tr>
<td>●</td>
<td>Explore Noosa National Park</td>
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<tr>
<td>○</td>
<td>See native wildlife (koalas, cockatoos, and parrots)</td>
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<tr>
<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<thead>
<tr>
<th>Day 5</th>
<th>Rustic Farm</th>
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<td>●</td>
<td>Spend the day at the Rustic Farm (250 acres of majestic bush land)</td>
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<tr>
<td>○</td>
<td>Experience the Outback Lifestyle</td>
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<tr>
<td>○</td>
<td>Learn how to throw boomerangs, play didgeridoo, and crack stock whips</td>
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<tr>
<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<tr>
<th>Day 6</th>
<th>Service</th>
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<tr>
<td>●</td>
<td>Full day of service will involve working with one of our community partners</td>
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<tr>
<td>○</td>
<td>Focus on the environment, conservation, food relief, or nursing homes</td>
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<td>●</td>
<td>Group debrief of the week</td>
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<tr>
<td>●</td>
<td>Overnight: Rustic Pathways Glass House Mountains Base, Peachester</td>
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<tr>
<th>Day 7</th>
<th>Goodbye Australia</th>
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<tr>
<td>●</td>
<td>Souvenir shopping</td>
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<td>●</td>
<td>Group games and closing activities</td>
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<td>●</td>
<td>Fly back to Hong Kong</td>
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**Program Costs of $14,500 includes:**

- 6 nights of accommodation, all meals and transportation in Australia and flights
- Rustic Pathways fulltime Wilderness First Aid Certified international and local guides
- All activities as detailed in your itinerary
- Single point of contact from Rustic Pathways for support leading up to the program
- 24-hour emergency support throughout program and ISOS emergency evacuation insurance

PO Box 429 Chardon, Ohio 44046 800.321.4353 Groups@rusticpathways.com
Glass House Mountains Service Base
Glass House Mountains, Queensland

Nested amongst eucalyptus trees and rainforest on a 50-acre property, Rustic’s secluded Glass House Mountains Service Base allows students to truly immerse in Australian life. Our base is a large six-bedroom house with an open-plan kitchen, dining and lounge room. Overlooking spacious lawns with views of mountain peaks, this base is a safe, private location for groups. The base is perfectly located for exploring the wonders of Southeast Queensland and is only 20 minutes from Steve Irwin’s world-famous Australia Zoo.

The base provides a warm, homely environment while traveling away from home. Students sleep in bunk rooms (separated by gender), each room with a private toilet and shower. Teachers can enjoy private rooms with shared bathroom facilities. All bathrooms are modern with flushing toilets and hot water. During downtime, students can play football, enjoy the campfire, hike along nature trails, or enjoy indoor activities such as ping-pong, karaoke, and board games.

GLASS HOUSE MOUNTAINS BASE
AT A GLANCE
Capacity: 25 Students
Beds: Bunk beds
Showers: Hot
Toilets: Standard Western
Air Conditioning: No
BEIJING

Dates: November 25 – 29, 2019

Accommodation: 5L Hotel, Beijing
No.1 Jian Guo Men Wai, Chaoyang District, Beijing Central Business District

Main amenities
- 417 smoke-free guestrooms
- 3 restaurants
- Breakfast available
- 24-hour health club
- Conference center
- Terrace
- 24-hour front desk
- Air conditioning
- Daily housekeeping
- Garden
- Arcade/game room
- Free WiFi

What’s around
- In Beijing Central Business District
- Wangfujing Street - 2.8 mi / 4.5 km
- Tiananmen Square - 3.7 mi / 5.9 km
- Tiananmen - 3.5 mi / 5.7 km
- The Palace Museum - 4.1 mi / 6.6 km
- Beihai Park - 5.2 mi / 8.3 km
- Yonghe Temple - 5.3 mi / 8.5 km
- China World Mall - 0.3 mi / 0.5 km
- China World Trade Center - 0.3 mi / 0.6 km
- CCTV Headquarters - 0.5 mi / 0.9 km
- Silk Street Market - 0.8 mi / 1.3 km
Itinerary highlights:
Jingshan Park
Peking Duck dinner
Great Wall (including service project to repair small section of wall)
Visit to Chinese school specializing in Kung Fu classes
Kung Fu show
Chinese Acrobatic show
Beijing Dumpling dinner
Local school art classes
  Calligraphy class
  Painting class
  Kite-making class
Qianmen Street
Tiannamen Square
Forbidden City
Nine Gates dinner experience
Full day excursion to Tianjin by bullet train
  Tour of Airbus Airplane Manufacturer
  Baozil Restaurant specializing in Tianjin style steamed dumplings

Cost per student approximately $11,500

Included in the trip:

4 star hotel accommodation for 4 nights
All breakfasts in the hotel
All lunches in local restaurants
All dinners in specialty restaurants
Transfers from airports to hotel and vice versa by private coach
Great Wall of China community service, including all tools and gloves
All entrance fees to monuments, trips, hikes, or sites listed in the itinerary
Entrance to acrobatic show, aircraft plant, evening shows, and so on
Travel Insurance
Flights
Educational travel for international schools

Art in Tokyo 2019

Monday 25th November – Friday 29th November
Tokyo is a city renowned for new innovation and design. It has a vast heritage and a distinctive style of art which is famous around the world. This make it an ideal destination for anybody studying art of all types.

Hotel: Central Shinjuku, Tokyo

Estimated Price:
$15,400

The program includes the following:

• International return flights on Cathay Pacific from Hong Kong to Tokyo Haneda.
• 4 nights accommodation in central Shinjuku, Tokyo.
• Four lunches and four dinners.
• Private coach airport transfers as outlined in the itinerary from Haneda to Shinjuku.
• Public transport tickets as necessary for the operation of the program.
• All entry fees as noted for art museums and galleries, Ghibli, as per itinerary.
• Includes Taiko drumming, optional for Kendo
• All arrangements as necessary for service component.
• An etr tour director to accompany the group throughout the program.

The price includes the following experiences:

Galleries and museums in itinerary:
### Itinerary

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Location/Attraction</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Arrive Tokyo CX548 at 1345)</td>
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<tr>
<td></td>
<td>Traditional drumming - Taiko</td>
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<tr>
<td>Tuesday</td>
<td>Service project</td>
<td>Visit Meiji Shrine Takeshita Street Mori Art Museum Tokyo Observation Deck</td>
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<tr>
<td>Wednesday</td>
<td>nakano Broadway</td>
<td>Ghibli Animation Museum Sensoji Buddhist Temple</td>
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<tr>
<td>Thursday</td>
<td>Team LAB digital gallery</td>
<td>Tokyo Trick Art Museum Ginza Graphic Gallery</td>
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<td></td>
<td>Venus Fort</td>
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<tr>
<td>Friday</td>
<td>Kendo Martial Art – sword fighting (optional)</td>
<td>Depart Tokyo (CX 784 at 1610)</td>
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</table>

- Team LAB
- Tokyo Trick Art Museum
- Mori Art Museum, contemporary art, primarily works of Asian artists.
- Ghibli animation Museum
- Ginza Graphic Gallery, Japanese graphic designers

### Cultural exploration:
- Asakusa and its main attraction, Sensoji
- the Kaminarimon
- Meiji Shrine

### Contemporary exploration
- Nakano Broadway
- Takeshita Street

### Cultural action
- Taiko (drumming) session
- Service participation
London Trip November 2019

Dates: Saturday 23rd – Saturday 30th

London, the capital of England and the United Kingdom, is a 21st-century city with history stretching back to Roman times. At its centre stand the imposing Houses of Parliament, the iconic ‘Big Ben’ clock tower and Westminster Abbey, site of British monarch coronations. Across the Thames River, the London Eye observation wheel provides panoramic views of the South Bank cultural complex, and the entire city.

Prepare for a trip to one of the world’s most exciting capital cities. The focus will be on many of the capitals arts and media attractions, as well as visits to several high profile Universities including University College London and Goldsmiths to give you a taste of student life in the UK.

Over a 6 day period students will visit the world renowned Natural History museum, the British Film museum, the Imperial War Museum and Tate Modern. Students will have the rare opportunity to visit the BBC and Guardian newspapers on educational tours and visit some of London’s iconic landmarks.

There will also be the opportunity to shop in Covent Garden, cycle in Hyde Park and visit Harry Potter World!
Listed below is the proposed itinerary

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<thead>
<tr>
<th></th>
<th>Morning</th>
<th>Afternoon</th>
<th>Evening</th>
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<tbody>
<tr>
<td>DAY 1</td>
<td>Natural History Museum</td>
<td>Westminster</td>
<td>London Eye &amp; River Cruise</td>
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<tr>
<td>DAY 2</td>
<td>Kings College</td>
<td>Film Museum</td>
<td>Covent Garden</td>
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<tr>
<td>DAY 3</td>
<td>Harry Potter World</td>
<td>Harry Potter World</td>
<td>Harry Potter World</td>
</tr>
<tr>
<td>DAY 4</td>
<td>Goldsmiths</td>
<td>Tate Modern</td>
<td>The Guardian</td>
</tr>
<tr>
<td>DAY 5</td>
<td>BBC / OPEN SLOT</td>
<td>Hyde Park Walk / Cycle</td>
<td>Ripper Walk</td>
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<tr>
<td>DAY 6</td>
<td>UCL</td>
<td>Imperial War Museum</td>
<td>Shard</td>
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Cost per student approximately $17,000

**Included:**

- Return flights from Hong Kong International to London Heathrow 7 nights, with breakfast at convenient city centre hotel
- Lunch and dinner at pre-selected cafes and restaurants Pre paid Oyster card for travel via Underground
- Trips, tickets and entrance fees to a wide range of sights and attractions
- Pre-paid data sim cards
- Travel insurance